# **NATIONAL SERVICE SCHEME**



# **UNIVERSITY OF KERALA**



# PROFORMA FOR RECOMMENDING NSS UNIT, PROGRAMME OFFICER FOR INDIRA GANDHI NATIONAL AWARD 2017-18



# SREE NARAYANA COLLEGE, KOLLAM

The National Service Scheme units of Sree Narayana College, Kollam is having a long and successful history in the service of humanity and personality development of the volunteers. We have got a proud list of alumni successfully serving the nation in various strata of the society and government. We have got an alumni association called NASVO4. Our units implemented sustainable projects in tune with the directions from the Government of India and University of Kerala, in the implementations of Social Forestry projects in and around Kollam, the NSS units of Sree Narayana College, Kollam had done the lion share. As far as the College beautification is concerned it was a challenge to our units to keep the 27 acres campus up to the mark. But by the tremendous, tedious and continuous efforts of our volunteers for about two and a half decades made it a reality and we are still maintaining it. Our unit won the first prize for the best Tharun Thriveni Garden in the University of Kerala The garden was made in a 15 acres of land. Our units, Principals, Programme Officers and volunteers were adjudged the best in several years. Our former Programme Officer Sri Sabukuttan received the coveted Indira Gandhi National Award for the best NSS Coordinator. Our former Programme Officer Smt. Anitha Sankar was appointed as the State Liaison Officer for NSS, Kerala State. Our unit has got the unique saga of building and handing over three houses(NSS Bhavans) to the poor and disabled beneficiaries in the year 1996-97. Before the delinking of Prc-Degree from colleges, we maintained a career Guidance Centre which was instrumental in showing the right path for the then 4500 plus students of this Campus.

The NSS Unit of Sree Narayana College, kollam has been an exemplary model of service. Programme officers Dr. S Vishnu and Smt. Jissa.S and volunteers conducted number of Programmes. NSS volunteers participated the Residential

camp organized by the university of Kerala and other colleges. Pre RD Selection camp was organized by the unit. The programme officers and Volunteers frequently visiting orphanages and poor homes. NSS volunteers and teachers celebrated their onam festival and X mas in poor home and conducting cultural programmes and giving Gifts and Cloths to the members of the poor home.

NSS unit S N College kollam organized number of community cleaning programmes like KSRTC Bus stand cleaning, Beach cleaning, Hospital cleaning etc. We have the palliative care unit. Selected number of volunteers are actively doing palliative work. Blood donation camps are frequently conducted by the unit. NSS volunteers ,programme officers ,students, teachers are donating blood in the camps. NSS volunteers and Programme officers of Sree Narayana college Kollam conducted a socio economic survey to understand the problems facing by the people in the Municipal colony kollam. NSS volunteer and the programme offices conducted plastic collection and disposal programme in the kollam city. Volunteers collect lot of plastic from the number of shops in the kollam city and handed over to the kollam corporation suchitha mission. NSS volunteers started to create biodiversity park in the premises of the college. Volunteers planting various plants in the park. The programme was guided by the NSS programme officers. It is also a regular activity of the Unit.

NSS unit organize awareness and interaction programme on transgenders. It was very interesting. This programme was inaugurated by Kerala state youth commission chairperson Chitha Jerome. This programme is guided by the programme officers.8 transgender participated the programme. NSS volunteers organize a street drama and played colleges and public places in nearby locality of the college. Moreover, NSS unit S N college kollam and Sree narayana vanitha samathi kollam jointly organize a seminar on

women issues. NSS volunteers actively participated the plastic awareness programme at the time of kerala university kalolsavam 2018. Two NSS Volunteers Meenu.s and Arun actively participated the leadership programme organized by the university of Kerala. NSS volunteers from S N College NSS unit participated the programme organized by the TKM college Kollam. NSS unit Make a short film about women issues. The name of the film is **Thavam**. We got First Prize in the short film competition conducted by AKPCTA women cell.

Vegetable gardening programmes are regularly conducted by the unit in the college campus unit S N College kollam observed almost all important days. Campain against drug regularly conducted by the unit. Number of awareness classes and programmes conducted by the unit. Canser awareness, Awareness about junk food, Waste management, Awareness on Hair donation, Awareness on blood donation, Awareness on AIDS, Awareness on transgenders, The NSS Unit Sree Narayana College Kollam conducted a poster advertisement in KSRTC buses and the premises of the stand and other public places in kollam city. The programme was under the supervision of the programme officers. As part of vayomithram programme, National Service Scheme in association with Kerala Social Justice Department has conducted a survey to ascertain the problems of old age people at SMP Colony, Kollam. The programme was inaugurated by the Kollam Mayor Honey Benjamine. Thirty volunteers participated in the survey and it was a good learning experience for them in social work.

A Workshop on the protection of old age was conducted by the Social Justice Department in in association with the National Service Scheme of SN College. The volunteers, Saranya, Sarath, Maya, Sreelekshmi, Sarija and Amala presented papers ..The volunteers presented papers on the basis of a survey conducted by

them. A seminar, voice for voiceless was conducted in association with People for Vnimais, an organization for protecting animals especially dogs. In collaboration with JCI, Quilon. the National Service Scheme installed an incinerator worth Rs, 30,000 in a girls' toilet in OUT college. JCI Quilon did this as a part of JCI's National Project, SURAKSIIA. As part of implementing the e-waste collection project of Kollam Corporation the NSS Volunteers collected E-waste from students and teachers. In association with Department of Mass Communication and Forest Department, Govt. of Kerala the National Service Scheme organized a drama titled- SWASTHI HE BHOOMI. A workshop was held in our campus on the auspices of District Nodal Office of Palliative Care Unit and Palliative Care Unit of SN College, Kollam. The volunteers participated in the Marathon Race organized by the NS Hospital in connection with the observance of World Heart Day. The marathon race started from KSRTC Bus Stand, Kollam to Kollam Beach. The volunteers as part of their commitment and allegiance to the Endosulfsn victims joined hands with Saigramam which has been implementing Housing Scheme for the Endosulfan Victims of Kasargodu. The volunteers collected from the students of the campus. The volunteers and Programme Officers handed over the amount to Saigramam authorities at Attingal. In Kerala Higher Education Dept & Excise Dept. One Day association with University Level Seminar "Youth Against Drug Abuse & Alcoholism "Was organized. Moreover, number of seminar on different social issues and other benefited areas were organized by the unit.

# **NSS ACTIVITY BANK-2017-18**

#### 22-05-2017

#### SWATCH BHARAT AND CLEANING PROGRAMME

Campus cleaning Programme was conducted under the supervision of the NSS Programme officers.120 NSS volunteers participated the Programme. For this purpose, students are divided into five groups and the programme officers assign specific area to each group. Volunteers are actively participated the programme.

#### 05-05-2017

#### **ENVIRONMENT DAY PROGRAMME**

Environmental Day was celebrated by planting various plants in the premises of the campus. Lot of NSS volunteers, Alumni Association members and teachers were participated. This is also a requiring activity of the NSS unit S N College Kollam. More than 200 different plants were planted in the college premises.











### **NSS UNIT MEEING**

NSS unit meeting were conducted to discussed the future activities. Programme officers Dr.S. Vishnu and Smt .Jissa.s give the instructions to the volunteers.

### 13-06-2017

#### **GARDNING**

Hundred NSS Volunteers participated the Gardening process.



### 14-06-2017

### **BLOOD DONATION**

NSS Volunteers of SN college kollam participated the blood donation camp conducted in District hospital. It was jointly organized by the NSS unit and District hospital. The Programme was started at 10.00 am and end on 1.30 pm



### 17-06-2017

# **Campus cleaning**

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s

### 19-06-2017

# Observance of Reading day and Poster Exhibition

The NSS unit of Sree Narayana college Kollam observe the reading day by conducting poster exhibition and debate to convey the message of the day to the students and teachers.





# 28-06-2017- 30-06-217

# **Help Desk**

The NSS Volunteers arranged a help desk in the college premises at the time of first year admission. It was more helpful to the parents and students. It is also a regular activity of the NSS unit.

#### 08-07-2017

# **Campus Cleaning and Gardening.**

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s

#### 17-07-2017

#### **Orientation class**

The NSS unit conducted an orientation class for newly stared NSS volunteers of the Academic year 2017-18. The programme officers deliver the key note address and Adv. Sudeer S was the Resource person of the class.

#### 29-07-2017

# Poster advertisement against Drug

The NSS Unit Sree Narayana College Kollam conducted a poster advertisement in KSRTC buses and the premises of the stand and other public places in kollam city. The programme was under the supervision of the programme officers. The programme was started at 9.30 am and ends on 3.30 pm. 130 NSS Volunteers participated the programme.

#### 02-10-2018

# Campaign on collection and distribution of food to poor people

Every day NSS volunteers collect food packets from the college and distribute the same to the deserving poor people.it is the regular activity

of the NSS Unit. All departments of the college are actively participating the programme.









### **Second Orientation Class**

NSS Programme officer Dr. S. Vishnu deliver the welcome speech. Dr. K. Anirudhan (Principal Sree Narayana College Kolam Inaugurated the programme. Dr Sulekha was the Resource person of the class. The class was ends by the vote of thanks of Smt Jissa.s (NSS Programme Officer)







## **Vegetable Gardening**

NSS volunteers of the unit plants number of vegetable plants in the garden created by the NN Unit. 110 NSS volunteers were participated the programme. The programme was under the supervision of the NSS programme officers.

### 14-08-2017

# **NSS Meeting**

NSS unit meeting were conducted to discussed the future activities. Programme officers Dr.S.Vishnu and Smt Jissa.s gave the instructions to the volunteers. It is also a regular programme of the unit.

# Suchithwa keralam programme.

NSS unit SN College Kollam and Suchitha mission Government of Kerala jointly organize a cleaning programme in the public places in the near localities of the college. The programme was under the supervision of the NSS programme Officers.

#### 15-08-2017

# **Independence Day celebration**

NSS unit S N College kollam conducted a Independence day Rally. 200 NSS volunteers were participated the programme. The programme was guided by the NSS programme officers. College principal and NSS programme officers deliver independence day message to the volunteers. After completing the rally volunteers participated the campus cleaning and grading activities.















# Onam celebration in Abhaya orphanage and old age home visit

The onam celebrations of NSS volunteers was arranged in Abhaya charitable trust in Eravipuram. NSS volunteers conducted a cultural programme for the members of the home. More than 100 members were participated the programme. NSS programme officers Dr s Vishnu and Smt. Jissa s supervise the programmes.

S N College NSS unit gives Cloths and food to the members of the home. There was a heart touching interaction with the members.











Seminar

Topic: Life Disease and Cancer with Special Reference to Junk food habits

It was jointly organized by the NSS unit S N college kollam and Rotary Club of Kollam Metro and Sargakshetra. 120 NSS volunteers participated the seminar.

10-09-2017

**Seminar** 

**Topic: Empowering Youth** 

The seminar was jointly organized by the NSS unit S N college Kollam and JCI Kollam Metro. 130 NSS volunteers participated the seminar programme officer Smt.Jissa S deliver the Welcome speech, Aswathy shinudas (chairperson JCI Kollam Metro) preside over the function, Unnikrishnan kartha (National co coordinator JC week) Inaugurate the seminar, Adv. Promod prasannan ( Zonal director of programmes JCI) NSS programme officer Dr s Vishnu deliver the felicitation. Santhosh Bhaskar (JCI Zone trainer) Dr Shinudas (Trainer) was the resource persons of the seminar.

#### 16-09-2017

### Campus Cleaning and Gardening.

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s

#### 21-09-2017

### **Kollam KSRTC Bus Stand Cleaning**

KSRTC Bus stand cleaning programme was inaugurated by Sri. Salim( DTO KSRTC Kollam) NSS programme officers Dr S vishnu and smt Jisa s gave the instructions to the students .165 NSS volunteers participated the programme. The programme started at 8.30 am and ends on 1.00 pm.



















### 24-09-2017

# **NSS Day celebration**

NSS Day celebrated by conducting various activities in the college. The Programme was started on 8.00 am. NSS Programme officer hosted the NSS flag in the college and the Programme officers deliver the lecture about the importance of the NSS Day. Gardening, Campus cleaning and Kollam beach cleaning activities were conducted under the supervision of the NSS Programme officers.







05-10-2017
Campus Cleaning and Gardening.

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s

### 06-10-2017

## Gandhi jayanthi celebration and Essay writing competition.

As a part of the Gandhi jayanthi celebrations NSS unit conducted an Essay writing competition .25 students from our college participated the competition. It was under the guidelines of the NSS programme officers. Result of the competition was announced in the college in the next day. Moreover, the NSS volunteers conducted the campus cleaning programme as a part of Gandhi jayanthi.

### 07-10-2017

# Socio Economic survey in the Adopted colony

NSS volunteers and Programme officers of Sree Narayana college Kollam conducted a socio economic survey to understand the problems facing by the people in the Municipal colony kollam.120 Nss volunteers participated the programme.programme officers divide the total students into five groups and give the prepared questionnaire to collect the related data. The programme officers give instructions to the students. The programme was inaugurated by the ward councilor Smt Reena.









14-10-2017

# Outdoor Plastic collection and Disposal programme.

NSS volunteer and the programme offices conducted plastic collection and disposal programme in the kollam city. Volunteers collect lot of plastic from the number of shops in the kollam city and handed over to the kollam corporation



suchitha mis













## 17-10-2017

# **Pre RD selection Camp**

NSS unit S N College kollam organize Pre Rd selection camp in our college. NSS kerala state officer Dr. Sabukuttan inaugurated the programme. Kerala university NSS programme co coordinator Dr Shaji gives instructions to the students. Principal Dr K Anirudhan delivers the felicitation note. The programme was conducted under the supervision of the NSS programme officers Dr S Vishnu and smt Jissa s. Our NSS volunteer Shameer (Second politics) got selection.

















## 21-10-2017

# Campus Cleaning and Gardening.

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s

## 26-10-2017

## Ashtamudi lake cleaning

NSS Volunteers of Sree Narayana College Kollam conducted lake cleaning programme. It was inaugurated by Sri Noushad (MLA Eravipuram) . 130 NSS volunteers participated the programme. NSS programme officers give instructions to the students.

















## 31-10-2017

# Participation of seminar in kollam collectorate

The NSS volunteers of S N College Kollam participated the seminar on Assassination of Indira Gandhi. District collector Dr s Karthikeyan, Deputy collector Dr Chithra, MLA Noushad. MLA Mukesh were participated the programme. Dr G pathmanaba Rao (Professor Department of Malayalam university of Kerala) was delivers the key note address.

### 03-11-2017

## **Seminar**

## **Topic: Waste Management**

The programme was started with NSS prayer.NSS officer Dr S Vishnu delivers the welcome speech Dr. K Anirudhan (Principal S N College Kollam ) inaugurated the seminar. NSS programme officer smt Jissa s ,Gopakumar ( coordinator Suchitha mission) address the seminar. Pradeep N (suchitha mission Trainer) was the resource person of the Seminar.

## 04-11-2017

## Awareness class on Hair donation

NSS unit conducted awareness class on hair donation. It was interesting 130 Nss volunteers participated the class. shyni was the resource person of the class.

## 04-11-2017

## **Biodiversity Park Creation**

NSS volunteers started to create biodiversity park in the premises of the college. Volunteers planting various plants in the park. The programme was guided by the NSS programme officers. It is also a regular activity of the Unit.

### 04-11-2017

# **Campus Cleaning and Gardening.**

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s.

## 10-11-2017

## **Blood Donation Camp**

NSS unit conducted blood donation camp in the college. 60 members donate blood including NSS volunteers, programme officers, and teachers. The donated blood was collected by the blood donation bank kollam district hospital. This camp was inugrated by Dr. Anilkumar (Deputy DMO Kollam).



# NATIONAL SERVICE SCHEME SREE NARAYANA COLLEGE UNIT NO: 28 ( A.B ) BEGOD DONATION "Excuse never save a file But bleved donation dees" NOTIONAL SERVICE SCHEME SREE NARAYANA COLLEGE, KOLLAN ON DON 2017, FRIDAY TIME: 10AM VENUE: SN COLLEGE, KOLLAN





## 11-11-2017

## Campus Cleaning and Gardening.

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s.

### 18-11-2017

## **Campus Cleaning and Gardening.**

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s.

## 01-12-2017

# **AIDS Day Celebration**

NSS unit conducted a seminar and poster exhibition as a part of the Aids day. The programme was started at 10.00 am 150 Nss volunteers participated the programme . Radhakrishnan s (Residential editor Kerala kumudi kollam inaugurated the seminar. Dr.anikumar( Deputy DMO kollam District hospital) and Dr. Sandhya DMO district hospital Kollam was the resources persons of the seminar.



ലോക എയ്ഡ്സ്ദിനത്തിൽ കൊല്ലം എസ്.എൻ കോളേജിലെ എൻ.എസ്.എസിന്റെയും റോട്ടറി ക്ലബ് കൊല്ലം മെട്രോയുടെയും ആഭിമുഖ്യത്തിൽ നടന്ന സെമിനാർ കേരളകൗമുദി റസിഡന്റ് എഡി റ്റർ എസ്.രാധാക്രഷ്ണൻ ഉദ്ഘാടനം ചെയ്തന്നു. പ്രിൻസിഷൽ കെ.അനിരുദ്ധൻ, ജില്ലാ ആശുപത്രി ആർ.എം. ഒ അനിൽ കമാർ, റോട്ടവിക്ലബ് കൊല്ലം മെട്രോ അസി. ഗവർണർ ഗോപകമാർ ലോജിക്, പ്രസിഡന്റ് അജി ചന്ദ്രൻ എൻ.എസ്.എസ് പ്രോഗ്രാം ഓഫീസർ എസ്. വിഷ്ണം, എസ്.സാബു തുട ങ്ങിയവർ സമീപം

# കൊല്ലം എസ്.എൻ കോളേജിൽ എയ്ഡ്സ് ദിനാചരണം

കൊല്ലം: കൊല്ലം എസ്. എൻ കോളേജ് എൻ. എസ്. എസ്യ ണിറ്റിന്റെയും റോട്ടറി ക്ലബ്കൊ ല്ലം മെട്ടോയുടെയും സംയൂക്താ ദിമുഖ്യത്തിൽ എയ്ഡ്സ്ദിനാ ചരണം സംഘടിഷിച്ചു. കേരളകൗമുദി കൊല്ലം യു ണിറ്റ്ചി എംറസിഡന്റ് എഡിറ്ററു മായഎസ് രാധാകൃഷ്ണൻഉദ്ഘട ടനം ചെയ്തു. കോളേജ്പ്രിൻസി

ഷൽഡോ.കെ.അനിതദ്ധൻഅ ധ്യക്ഷനായി. റോട്ടറിക്ലബ്കൊ ല്ലംമെടോഅസി.ഗവർണർഗോ പക്ഷാർ ലോജിക്ക് എവ്യപ്രഭാഷ ണംനടത്തി. റോട്ടറി ക്ലബ് ക്വയിലോൺ മെടോപ്രസിഡന്റ്അജിചന്ദ്രൻ ആശംസകർ നേർന്തം ഡെപ്യ ട്ടിഡി.എം.ഒ ഡോ.സന്ധ്യം, ജി ല്ലാ ആ ശു പത്രി ആർ.എം.ഒ

ഡോ. അനിൽകമാർ എന്നിവർ വിഷയം അവതരിപ്പിച്ചു. എൻ. എസ്. എസ്. പ്രോഗ്രാം ഓഫ് സർ എസ്. വി.ഷ്ല സ്വാഗത വും വാളണ്ടിയർ മഹി നന്ദിയും പ റഞ്ഞു. കനത്ത മഴയെ അവഗ ണിച്ച് കോളേജിലെ എറിലേ റെ എൻ. എസ്. എസ്. വളങ്ങി യർമാർ ദിനാചരണത്തിൽ പ ങ്കെടുത്തു.







12-12-2017

# Awareness and interaction programme on transgenders.

NSS unit organize awareness and interaction programme on transgenders. It was very interesting. This programme was inaugurated by Kerala state youth commission chairperson Chitha Jerome. This programme is guided by the programme officers.8 transgender participated the programme.











09-12-2018

## **Campus Cleaning and Gardening.**

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s.

## 17-02-2018

## Awareness campaign vadi colony

This programme was jointly organized by the NSS unit S N college kollam, Suchitha mission Kollam, and District hospital kollam.

86 NSS volunteers participated the programme . The Programme was inaugurated by the district collector Dr.Karthykeyan.NSS programme officers supervise the Programme.

## 26-01-2018

# **Republic Day Celebrations**

The programme was started at 8.00 am. Principal Dr K Anirudhan ,Programme officers Dr. s Vishnu and Smt. Jissa s gives Republic day messages to the volunteers. 120 volunteers participated the function. Volunteers, Principal and Programme officers planting various plants in the college premises.









26-01-2018

# Campaign of collection and distribution of old cloths to poor people

Principal of S N college kollam inaugurated the campaign by receiving the collected old cloths from the NSS Volunteers. 120 students participated the programme.



03-02-2018

# **Kollam Beach Cleaning**

NSS volunteers conducted a beach cleaning programme under the supervision of Nss programme officers. This programme was starts at 8.30 am and ends on 11.30 am. 140 NSS volunteers were participated the programme.





## 17-02-18

# Jagratha- Survey and awareness progremme

The programme was conducted against the contagious diseases. The programme was inaugurated by Dr. Karthkeyan IAS. The aim of the programme was to aware

the people about the contagious disease. The programme started at 9.30 am. 120 NSS volunteers and Asha workers were participated the programme.

## 24-02-2018

## Campus Cleaning and Gardening.

130 NSS volunteers participated the cleaning programme. The programme was under the supervision of NSS programme officers Dr. S. Vishnu and Smt.Jissa.s.

## 27-02-2017

## Seminar

Topic: Medical coding and Carrier path.

NSS unit organize the seminar and 120 NSS volunteers participated the seminar.

The siminar was inugrated by the college principal Dr. K Anirudhan . Mr.Azhar (MD Transorze Solutions) and Dr.Girija (Training Head) was the Resource persons.

## 08-03-2018

# Women Day celebration

NSS volunteers organize a street drama and played colleges and public places in nearby locality of the college. Moreover NSS unit S N college kollam and Sree narayana vanitha samathi kollam jointly organize a seminar.60 NSS volunteers

participated the seminar.









## 10-03-2018

## Campus Cleaning and Gardening.

130 NSS volunteers participated the cleaning Programme. The programme was under the supervision of NSS Programme officers Dr. S. Vishnu and Smt.Jissa.s.

## 15-03-2018

## **Environmental Awareness tour programme**

NSS programme officers and 45 NSS volunteers participated the programme.

20 - 03 - 2018 - 24 - 03 - 2018

# Help desk and plastic awareness in kerala university kalolsavam

NSS volunteers actively participated the awareness programme at the time of kerala university kalolsavam 2018.

27 - 10 - 2017 - 29 - 10 - 2017

## Leadership training programme

Two NSS Volunteers participated the leadership programme organized by the university of Kerala.

## 17-11-2017 - 19-11-2017

## Inter collegiate youth camp

NSS volunteers from S N College NSS unit participated the programme organized by the TKM college Kollam.

## 03-03-2018

## **Short film competition**

NSS unit Make a short film about women issues. The name of the film is **Thavam**. We got First Prize in the short film competition conducted by AKPCTA women cell.