

# 3 (K) NAVAL NCC SUB UNIT (SD/SW) SREE NARAYANA COLLEGE, KOLLAM

# ANNUAL REPORT 2019-2020







Title	Page No.
Introduction	01
Vision, Mission and Aims of NCC	02
Activities of the academic year 2019-20	03
Training Schedule	04
Nominal Roll of Cadets	05
Consolidated Strength	07
Camps Attended by Cadets	08
Special Achievements of Cadets	11
Awards/Scholarships Received	13
Cadets Joined in Armed Forces	14
Details of Cadets Passed 'B' Certificate Exams	14
Details of Cadets Passed 'C' Certificate Exam	15
Facilities Provided by Institution for NCC Activities	16
Budgetary Allocations	16
Participation of ANO in NCC Activities	17
Training Opportunities for Naval Cadets	20
Photo Gallery	21
<ul> <li>Social Service/Community Development and other Activities conducted</li> </ul>	26
➡ Media in NCC	61

# **CONTENTS**

#### ANNUAL REPORT 2019-2020

#### **INTRODUCTION**

The National Cadets Corps (NCC) is one of the biggest youth voluntary organizations in India which started on 15 July 1948 aimed at grooming the youth into disciplined and patriotic citizens. It is a Tri-services organization, comprising Army, Navy and Air force. The NCC provides opportunities to the youth of the country for their allround development with a sense of duty and discipline, commitment, dedication and moral values, so that they can become able leaders and useful citizens.

The Naval NCC Subunit of Sree Narayana College, Kollam started on 01 September 1969 with an authorized strength of 50 cadets. The Naval wing of our college is attached to 3(K) Naval Unit NCC which comes under the control of NCC Kollam Group Head Quarters. This year we successfully reached the 5oth year of its birth on 01 September 2019 and decided to celebrate its Golden Jubilee Year by conducting many programs throughout the year. In addition, the unit also decided to form an Alumni Association of Ex cadets.

50th year of existence is a feeling of joy; a spirit of oneness and a sense of gratefulness pervade every member of the NCC Family. Fifty years is a landmark that makes us look back with gratitude at the path trod by our forerunners. With this introduction, it is my privilege to place before you a brief report of the activities and achievements of NCC cadets, Sree Narayana College, Kollam for the Academic year 2019-2020. This report would enable us to make a self-assessment of the achievements and drawbacks of the functioning of Naval Unit NCC in the college during 2019-2020.

#### VISION

Empower volunteer youth to become potential leaders and responsible citizens of the country.

### **MISSION**

To develop leadership and character qualities, mould discipline and nurture social integration and cohesion through multi-faceted programs conducted in a military environment.

## AIMS OF NCC

- To develop the qualities such as character, comradeship, discipline, secular outlook, spirit of adventure and ideals of selfless service amongst the young citizens
- To create a human resource of organized, trained and motivated youth to provide leadership in all walks of like and be always available for the service of the nation regardless of which career they choose.

To provide a suitable environment to motivate the youth to take up a career in the Armed Forces

## **OBJECTIVES OF NCC**

Reach out to the maximum youth through various institutions					
$\diamondsuit$ Make NCC as an important part of the society					
$\diamondsuit$ Teach positive thinking and attitude to youth					
Become a main source of national integration by making NCC as one of the greatest and strong united forces of our nation irrespective of any caste, Creed, Religion or region					
Mould the youth of the country into a united secular and disciplined citizens of the nation					
provide an ideal platform for the youth to showcase their ability in nation building					
Instill the spirit of secularism and united India by organizing National Integration Camps all over the country					
Reach out to the youth of friendly foreign countries through Youth Exchange Programs					

## Sree Naravana College, Kollam

## ACTIVITIES OF THE ACADEMIC YEAR 2019-20 FOR THE PERIOD (01.04.2019-31.03.2020)

The regular NCC activities of the academic year started after the mid-summer vacation. The regular training programmes were scheduled on Saturdays and other holidays. The Permanent Instructional Staff (The armed forces personnel from Navy under Deputation in NCC) from the Naval NCC Unit and Associate NCC Officer (ANO) of the college give necessary training for the cadets. Cadets were given training on physical fitness, drill and service subjects. Cadets were also given training on NCC service subjects like, NCC Organization, leadership, health and hygiene, semaphore, boat pulling, ship modelling, firing and sailing. In addition to regular parade, unit arranged so many social service/community-oriented programmes such as blood donation programmes, cleanliness drives, important days of observance, etc. in order to create some social commitment among cadets.

Under 3 (K) Naval NCC Subunit, 18 Cadets were enrolled in this academic year from the first year UG students on August 08 August 2019 whereby enrolled strength reached the sanctioned strength of 50 cadets. Prior to the selection process, a brief overview was given to get a general idea about Naval NCC. Out of 96 students who showed interested to join NCC, 18 students were enrolled (10 SDs and 08 SWs). In addition, these, 07 cadets were enrolled additionally who have already completed their two years of Naval NCC training at their Plus Two Course. Thus, the enrolled strength of this year was 57. First year cadets were selected based on good academic record, physical fitness test, involvement in extracurricular activities, proficiency in swimming, interview and genuine interest to join NCC. After the selection of first year cadets, NCC, parade started on 15 August 2019. As a part of institutional training, first year cadets had 15 parades (60 Hours) and second and final year cadets had 17.5 (70 Hours) of stipulated parades.

## **TRAINING SCHEDULE 2019-2020**

Month	Date	Total
AUGUST	15(Single),24,31	2.5
SEPTEMBER	7, 28	02
OCTOBER	05, 19,26,	03
NOVEMBER	02, 16, 23, 30	04
DECEMBER	7, 21, 28	03
JANUARY	04, 18,26	03
Total		17.5

# NOMINAL ROLL OF CADETS 2019-20

Sl. No.	Regimental No.	Rank	Name	Class
1.	KL/17/SD/N/128962	СС	ABHIJITH S	B. Sc. Physics
2.	KL/17/SD/N/128951	NC I	AKASH A	BA History
3.	KL/17/SD/N/128979	NC I	AKASH S JEEVAN	B.Sc. Zoology
4.	KL/17/SD/N/128973	NC I	AKHIL A	BA History
5.	KL/17/SD/N/128972	LCdt	AMAL A	BA Journalism
6.	KL/17/SD/N/128969	POC	AMAL ASHOK	BA Economics
7.	KL/17/SD/N/128974	LCdt	AMAL R.	B. Sc. Physics
8.	KL/17/SD/N/129801	LCdt	ANANDAKRISHNAN S.	B.A. Philosophy
9.	KL/17/SD/N/128977	LCdt	ANANTHAKRISHNAN GK	B.A. Hindi
10.	KL/17/SD/N/129802	L Cdt	ANUSH M	SNPTC, Kottiyam
11.	KL/17/SD/N/129807	L Cdt	GOKUL KRISHNAN R	St. Johns College
12.	KL/17/SD/N/129813	L Cdt	SHONE K THOMAS	B.A. Philosophy
13.	KL/17/SW/N/128987	NC I	AKHILA RAJ	B.Sc. Physics
14.	KL/17/SW/N/129824	NC I	AKSA JOSE	B.Com
15.	KL/17/SW/N/128986	LCdt	ANJITHA KRISHNAN	B.Com
16.	KL/17/SW/N/129815	CC	ASHLY SHAJI	B.Sc. Zoology
17.	KL/17/SW/N/128981	SCC	GAURI SANKAR S	BA English
18.	KL/17/SW/N/129814	POC	KAVYA MOHAN	B.Sc. Zoology
19.	KL/17/SW/N/128982	LCdt	SALMA SS	B.Com
20.	KL/17/SW/N/128984	POC	SRUTHY J	B.A. English
21.	KL/18/SD/N/128983	NC I	ABHIJITH S	B.A. Politics
22.	KL/18/SD/N/128991	NC I	AKHIL A	B.A. Philosophy

# Sree Narayana College, Kollam

Sl. No.	Regimental No.	Rank	Name	Class
23.	KL/18/SD/N/128989	NC I	ANANDHU P	PCA
24.	KL/18/SD/N/128990	NC I	ASHIK MATHEW VARGHESE	B.A. Philosophy
25.	KL/18/SD/N/128961	NC I	ASHISH S	B.Sc. Maths
26.	KL/18/SD/N/128975	NC I	BALARAMAN S	B.A. Philosophy
27.	KL/18/SD/N/128968	NC I	GOKUL RAJ R	B.A Sanskrit
28.	KL/18/SD/N/128978	NC I	REHAN PRAKASH	B.A. English
29.	KL/18/SD/N/128985	NC I	ROOPESH R	BA Sanskrit
30.	KL/18/SD/N/128988	NC I	SREEKANTH S	B.Sc. Maths
31.	KL/18/SD/N/128966	NC I	VISHNU RAVEENDRAN	B. Sc. Physics
32.	KL/18/SW/N/128992	NC I	AVANI AKASH	B.A. Politics
33.	KL/18/SW/N/128993	NC I	BHAMINI KRISHNAVENI AG	B.Sc. Physics
34.	KL/18/SW/N/128996	NC I	BINIPRIYA TS	B.Sc. Maths
35.	KL/18/SW/N/128998	NC I	ISWARYA B.	B.A. Politics
36.	KL/18/SW/N/129000	NC I	JAYALEKSHMI L	B.A. Philosophy
37.	KL/18/SW/N/128995	NC I	KEERTHI UG	B.Sc. Maths
38.	KL/18/SW/N/128994	NC I	SAYANORA BS	B.Sc. Zoology
39.	KL/18/SW/N/128997	LCdt	UMARANI LOBBY PANICKER	B.A. Politics
40.	KL/19/SD/N/128955	NC II	AMAL VS	B.A. Politics
41.	KL/19/SD/N/128952	NC II	PRANAV KRISHNAN	BA Journalism
42.	KL/19/SD/N/128971	NC II	r Dethathray	B.A. English
43.	KL/19/SD/N/128953	NC II	RAKESH RB	B.Sc. Zoology
44.	KL/19/SD/N/128958	NC II	SAJIN PS	B.Sc. Zoology
45.	KL/19/SD/N/128959	NC II	SAJITH M	BA Journalism

# Sree Naravana College, Kollam

2019-2020

Sl. No.	Regimental No.	Rank	Name	Class
46.	KL/19/SD/N/128960	NC II	SANDEEP S	BSc Maths
47.	KL/19/SD/N/128954	NC II	SARATH MOHAN	B.A. Politics
48.	KL/19/SD/N/128956	NC II	SREELAL MG	B.Sc. Maths
49.	KL/19/SD/N/128957	NC II	MAYAN RAJ	B.A. History
50.	KL/19/SW/N/128976	NC II	AISWARIA N	B.A. Politics
51.	KL/19/SW/N/128965	NC II	AISWARYA S	B.Sc. Biotech
52.	KL/19/SW/N/128967	NC II	ANAKHA SURESH	B.A. Politics
53.	KL/19/SW/N/128980	NC II	ANJU JS	B. Sc. Physics
54.	KL/19/SW/N/128999	NC II	ARUNIMA BABU	B.A Sanskrit
55.	KL/19/SW/N/128970	NC II	ARYA S BABU	B.Com
56.	KL/19/SW/N/128963	NC II	BINDU L	BSc. PCA
57.	KL/19/SW/N/128964	NC II	SAUBHAGYA UM	BA English

# **Consolidated Strength of Cadets (2019-2020)**

Year of Enrollment	SD Cadets	SW Cadets	Total
2019-20	10	08	18
2018-19	11	08	19
2017-18	12	08	20
Total	33	24	57

# CAMPS ATTENDED BY CADETS DURING THE ACADEMIC YEAR (2019-20)

During this year the cadets attended the following training camps.

## NATIONAL LEVEL CAMPS

Sl. No.	Name of Camp	Period and Venue of Camp	Details of Cadets attended the camp
01.	RDC	01 to 29 January 2020/Delhi	SCC Gauri Sankar S POC Kavya Mohan NC I Roopesh R NC I Anandu P
02.	ALC III (SSB Screening Capsule)	17 to 28 January 2020/Thamna, Gujarat	NC I Vishnu Raveendran
03.	AISW ATC	09 to 20 January 2020/Indian Naval Academy, Ezhimala	NC I Keerthi UG
04.	YEP Selection Camp	01 to 04 January 2020/Delhi	LCdt Umarani Lobby Panickar
05.	EBSB	21 December 2019 to 01 January 2020/MD College, Pazhanji, Trichur	NC I Ashik Mathew Varghese NC I Binipriya TS
06.	EBSB II	21 December 2019 to 01 January 2020/NAS College, Kasargodu	NC I Bhamini Krishnaveni AG
07.	Sea Training Camp	09 to 19 December 2019/ WNC, Mumbai	NC I Sreekanth S
08.	EBSB II	11 to 22 November 2019/Bharatpur, Rajasthan	CC Abhijith S
09.	AIYR 2019	02 to 08 November 2019/Chilka, Odisha	PO Cdt Avani Akash
10.	NSC 2019	03 to 12 October 2019/Visakhapattanam	NC I Vishnu Raveendran POC Ananthakrishnan GK LCdt Umarani Lobby Panickar

# **STATE LEVEL CAMP**

Sl. No.	Name of Camp	Period and Venue of Camp	Details of Cadets attended the camp
01.	RD Preparatory Camp	19 to 28 December 2019/SAP Camp, Peroorkkada, TVPM	SCC Gauri Sankar S POC Kavya Mohan NC I Roopesh R NC I Anandu P
02.	PRE RDC-III	06 to 15 December 2019/SAP Camp, Peroorkkada	02 SD and 02 SW Cadets
03.	RD Preparatory Camp II	21 to 30 November 2019/SAP Camp, Peroorkkada, TVPM	03 SD and 02 SW Cadets
04.	PRE RDC-I	06 to 15November 2019/CRPF Centre, Pallippuram	06 SD and 02 SW Cadets
05. p	AIYR Launching Camp	25 to 31 October 2019	PO Cdt Avani Akash
06.	NSC Launching Camp	25 to 30 September 2019/3(K) Naval Unit, Kollam	02 SDs and 01 SW Cadets attended
07.	Pre NSC-I	08 to 17 September 2019/3(K) Naval Unit, Kollam	02 SD and 01 SW Cadets
08. b	Scuba Diving Camp	06 to 10 May 2019/ Naval Base, Kochi	NCI Balaraman

### **GROUP LEVEL CAMPS**

Sl. NO.	Name of Camp	Period and Venue of Camp	Details of Cadets attended the camp
01	CATC	01 to 10 October 2019/SN Polytechnic College, Kottiyam	06 SD and 02 SW Cadets
02	CATC	19 to 28 September 2019/SN Polytechnic College, Kottiyam	07 SD and 03 SW Cadets
03	PRE IGC RDC-II	06 to 15 September 2019/Amrita HSS,Vallikkunnam	04 SD and 03 SW Cadets
04	CATC (RDC Selection)	23 August to 01 September 2019/KRKPMBHS &VHSS, Kadampanad	09 SD and 04 SW Cadets

# UNIT LEVEL CAMPS

Sl. No.	Name of Camp	Period and Venue of Camp	Details of Cadets attended the camp
02	NSC Selection Camp	06 to 10 May 2019/ 3(K) Naval Unit, Kollam	03 SD and 03 SW Cadets
01	ATC 2019	31 March to 09 April 2019/ St. Stephens HSS, Pathanapuram	19 SD and 13 SW Cadets attended the camp

# **Consolidated Details of Camps Attended by Cadets**

Codota	NCC CAMPS				Total
Cadets	National	State	Group	Unit	Total
SD	08	18	26	22	74
SW	08	11	12	16	47
TOTAL	16	29	38	32	121

# **SPECIAL ACHIEVEMENTS OF CADETS**



#### **REPUBLIC DAY PARADE 2020**

- Represented the Kerala and Lakshadweep NCC Directorate in the Republic Day Parade-2020 at New Delhi from 01 to 29 January 2020.
- Won the second Position in Best Cadet Naval Wing Category
- Received DG NCC Commendation Card for her outstanding performance

### **SENIOR CADET CAPTAIN**

Selected as Senior Cadet Captain of 3(K) Naval Unit NCC, Thevally, Kollam. She is the first SW Cadet of 3(K) Naval Unit who has been promoted to Senior Cadet Captain



POC Kavya Mohan I BSc Zoology

#### **REPUBLIC DAY PARADE 2020**

Represented Kerala and Lakshadweep NCC Directorate in the Republic Day Parade-2020 at New Delhi from 01 to 29 January 2020. She was selected for All India Rajpat Rally.



NC I Roopesh R II BA Sanskrit

#### **REPUBLIC DAY PARADE 2020**

Represented Kerala and Lakshadweep NCC Directorate in the Republic Day Parade-2020 at New Delhi from 01 to 29 January 2020. He was selected for All India Guard.



NC I Anadhu P **II BSc Physics with Computer** Application

## **REPUBLIC DAY PARADE 2020**

Represented Kerala and Lakshadweep NCC Directorate in the Republic Day Parade-2020 at New Delhi from 01 to 29 January 2020. He was selected for All India Rajpath Rally.



LCdt Umarani Lobby Panickar **II BA Political Science** 

## YOUTH EXCHANGE PROGRAMME (YEP)

Attended YEP Selection Camp at Delhi from 01 to 05 January 2020

### **AINSC-2019**

Represented Kerala and Lakshadweep NCC Directorate in the All India Nau Sainik Camp -2019 held at Naval Base, Visakhapattanam from14 to 22 October 2019.



NC I Vishnu Raveendran **II BSc Physics** 

**POC Ananthakrishnan GK III BA Hindi** 



Represented Kerala and Lakshadweep NCC Directorate in the All India Nau Sainik **Camp-2019** held at Naval Base, Visakhapattanam from14 to 22 October 2019.



Represented Kerala and Lakshadweep NCC Directorate in the All India Nau Sainik **Camp-2019** held at Naval Base. Visakhapattanam from14 to 22 October 2019.



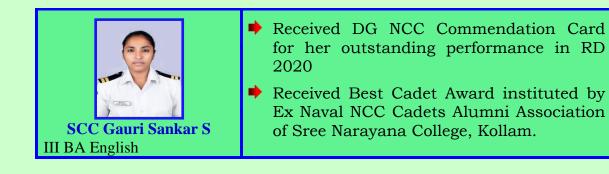
## **AIYR 2019**

Represented Kerala and Lakshadweep NCC Directorate in the All India Yachting Regatta-2019 held at Naval Base, Chilka from11to 18 November 2019.

# **Other Activities of Cadets**

 Special English Coaching Class organized at Group Level for three Saturdays April on 27, May 4 and May 11. SCC Gauri Sankar S, LCdt Anjitha Krishnan and CC Abhijith S attended the program.

## AWARDS/SCHOLSRSHIPS RECEIVED



# **CADETS JOINED IN ARMED FORCES**

Sl.	No.	Name of Cadet	Force
01		Dethathray R	Navy (Sailor)
02		Pranav Krishnan	Army (GD)

# **Details of Students Passed 'B' Certificate Exam 2020**

Sl. No.	Regimental No.	Rank	Name	Class	Grade
1.	KL/18/SD/N/128961	NC I	ASHISH S	B.Sc. Maths	А
2.	KL/18/SD/N/128966	NC I	VISHNU RAVEENDRAN	B. Sc. Physics	А
3.	KL/18/SD/N/128975	NC I	BALARAMAN S	B.A. Philosophy	А
4.	KL/18/SD/N/128983	NC I	ABHIJITH S	B.A. Politics	С
5.	KL/18/SD/N/128985	NC I	ROOPESH R	BA Sanskrit	А
6.	KL/18/SD/N/128988	NC I	SREEKANTH S	B.Sc. Maths	А
7.	KL/18/SD/N/128989	NC I	ANANDHU P	PCA	А
8.	KL/18/SD/N/128990	NC I	ASHIK MATHEW VARGHESE	B.A. Philosophy	А
9.	KL/18/SD/N/128991	NC I	AKHIL A	B.A. Philosophy	В
10.	KL/18/SW/N/128992	NC I	AVANI AKASH	B.A. Politics	А
11.	KL/18/SW/N/128993	NC I	BHAMINI KRISHNAVENI AG	B.Sc. Physics	А
12.	KL/18/SW/N/128994	NC I	SAYANORA BS	B.Sc. Zoology	В
13.	KL/18/SW/N/128995	NC I	KEERTHI UG	B.Sc. Maths	А
14.	KL/18/SW/N/128996	NC I	BINIPRIYA TS	B.Sc. Maths	А
15.	KL/18/SW/N/128997	NC I	UMARANI LOBBY PANICKER	B.A. Politics	А
16.	KL/18/SW/N/128998	NC I	ISWARYA B.	B.A. Politics	В

# Details of Students Passed 'C' Certificate Exam 2020

SI. No.	Regimental No.	Rank	Name	Class	Exam Grade
1.	KL/16/SD/N/128958	NC I	GOUTHAM GIREESH	B.Sc. Physics	А
2.	KL/17/SD/N/128951	NC I	AKASH A	BA History	В
3.	KL/17/SD/N/128962	CC	ABHIJITH S	B.Sc. Physics	А
4.	KL/17/SD/N/128969	POC	AMAL ASHOK	BA Economics	А
5.	KL/17/SD/N/128972	LCdt	AMAL A	BA Journalism	А
6.	KL/17/SD/N/128973	NC I	AKHIL A	BA History	В
7.	KL/17/SD/N/128974	LCdt	AMAL R.	B.Sc. Physics	А
8.	KL/17/SD/N/128977	POC	ANANTHAKRISHNAN GK	B.A. Hindi	А
9.	KL/17/SD/N/128979	NC I	AKASH S JEEVAN	B.Sc. Zoology	А
10.	KL/17/SD/N/129801	LCdt	ANANDAKRISHNAN S.	B.A. Philosophy	А
11.	KL/17/SD/N/129802	L Cdt	ANUSH M	SNPTC, Kottiyam	А
12.	KL/17/SD/N/129807	L Cdt	GOKUL KRISHNAN R	St. Johns College	А
13.	KL/17/SD/N/129813	L Cdt	SHONE K THOMAS	B.A. Philosophy	В
14.	KL/17/SW/N/128981	SCC	GAURI SANKAR S	BA English	А
15.	KL/17/SW/N/128982	LCdt	SALMA SS	B. Com	А
16.	KL/17/SW/N/128984	POC	SRUTHY J	BA English	А
17.	KL/17/SW/N/128986	LCdt	ANJITHA KRISHNAN	B. Com	А
18.	KL/17/SW/N/128987	NC I	AKHILA RAJ	B. Sc. Physics	В
19.	KL/17/SW/N/129814	POC	KAVYA MOHAN	B.Sc. Zoology	А
20.	KL/17/SW/N/129815	CC	ASHLY SHAJI	B.Sc. Zoology	А
21.	KL/17/SW/N/129824	NC I	AKSA JOSE	B.Com	В

# Facility/Infrastructure provided by the Institution for the conduct of NCC Camps and other activities

- SN College Provide venue for conducting International Day of Yoga for 3 (K) Naval Unit NCC.
- Provided accommodation facility for SD Cadets attending Pre NSC-I Camp from 08 September to 17 Sept. 2019.
- SN College Provide venue for conduct of B Certificate Examination 2020 on 16 February 2020.

### **BUDGETARY ALLOCATIONS FOR THE INSTITUTION (2019-20)**

Sl. No.	Item	Amount Allotted	Amount Spent
1.	Refreshment Charges to Cadets & ANO	45180.00	45180.00
2.	Washing Allowance to Cadets	Nil	0.00
3.	Outfit Maintenance Allowance to ANO	Nil	0.00
4.	Honorarium to ANO	20,000.00	20,000.00
5.	Social Service Activities	3390.00	3390.00
	Total		68,570.00

## Participation of SLt. Dr. S. LAIJU, ANO

- Detailed as Deputy Camp Commandant for the ATC 2019 at St Stephens HSS Pathanapuram from 31 March 2019 to 08 April 2019.
- 2. Attended a one-day workshop for ANOs to train them in spreading awareness on Green Rules and other related activities organized by Haritha Kerala Mission, on a Project of Government of Kerala on 02 August 2019 at Anart Conference Hall, Vikas Bhavan, Trivandrum.
- Detailed as Deputy Camp Commandant for the AIYR Launching Camp 2019 at 3(K) NU NCC, Thevally from 25 October to 31 October 2019.
- Detailed as the Board Member for the 'B' Certificate examination of Naval NCC Cadets held at SN College, Kollam on 15 and 16 February 2020.
- 5. Detailed for valuation of B Certificate Examination 2020.
- 6. Detailed for valuation of C Certificate Examination 2020.
- 7. Volunteered for Ex NCC Yogdan for anti covid-19 activities.

## ASSOCIATE NCC OFFICER



Associate NCC Officer 3(K) Naval Unit NCC Sree Narayana College, Kollam

HOD & Assistant Professor Department of Psychology Sree Narayana College, Kollam

Sree Naravana College, Kollam

## **SENIOR CADET CAPTAIN**



## **CADET CAPTAINS**



CC Abhijith S III BSc Physics



CC Ashly Shaji I BSc Zoology

# **PETTY OFFICER CADETS**



POC Ananthakrishnan GK III BA Hindi



POC Amal Ashok III BA Economics



POC Sruthy J III BA English



POC Kavya Mohan I BSc Zoology

2019-2020

Sree Narayana College, Kollam

LEADING CADETS					
Lcdt Amal A III BA Journalism	Lcdt Amal R III BSc Physics	Lcdt Anandakrishan S I BA Philosophy	Lcdt Shone K Thomas I BA Philosophy		
	Lcdt Anush M SNPTC, Kottiyam	Lcdt Gokul Krishnan R St. Johns College			
Lcdt Anjitha Krishnan III B Com	Lcdt Salma SS III BCom	Lcdt Umarani Lobby Panickar II BA Political Science	Lcdt Avani Akash II BA Political Science		

Sree Naravana College, Kollam

## TRAINING OPPORTUNITES FOR NAVAL NCC CADETS

	Institutional Training					
•	Drill	➡ Firing				
•	Physical Training	Swimming				
•	Rigging	<ul> <li>Awareness Classes</li> </ul>				
•	Boat pulling	Ship modeling				
•	Sailing	Semaphore				
•	B/C Certificate Examinations	Ship Visit				
	<b>Community Develop</b>	pment/Social Service				
•	Blood Donation	Swatchh Bharat Activities				
•	Visit to Old Age Homes	Visit to Orphanages				
•	Tree Plantation	Disaster Management				
•	Awareness Campaign					
	Adventure	re Training				
•	Trekking	Cycle Expedition				
•	Mountaineering	Para Sailing				
•	Rock Climbing	♦ Scuba Diving				
	Youth Excha	ange Program				
•	<ul> <li>Visit to Russia, Nepal/Bhutan, Singapore, United Kingdom, Bangladesh, Yangon, Sri Lanka, Vietnam, Foreign Naval Cruise, Foreign Coast Guard, and Cruise.</li> </ul>					
	Career Co	counseling				
٠	SSB Coaching	Personality Development Capsule				
•	Group Discussions	Communicative English Classes				
	National Camps					
•	Republic Day Camp	Nau Sainik Camp/AIYR				
•	National Integration Camps: EBSB	Moulankar Shooting				
•	Leadership Camps: BLC/ALC Camp	National Games/Sports				
•	State Level Camps: IGC/RD IGC	Group Level				
•	Unit Level Camps					

Sree Naravana College, Kollam

# **PHOTO GALLARY: NAVAL NCC ACTIVITIES**





**Drill Practice** 



**Drill Practice** 



Firing

Semaphore

2019-2020





Rigging

Ship Modeling





**DK Whaler Rigging** 



**Ship Visit** 

2019-2020



Swimming

Scuba Diving



**Boat Pulling** 



Sailing



**Cycle Expedition** 



Sports & Games



**Social Service Activities** 

Sree Naravana College, Kollam

2019-2020



**Social Service Activities** 

Trekking





Mountaineering



Mountaineering

Sree Narayana College, Kollam

2019-2020



**Group Discussion** 

**Physical Training** 



**Cultural Programs** 



**Awareness Classes** 



B Certificate Exam C Certificate Exam

## SOCIAL SERVICE/COMMUNITY DEVELOPMENT AND OTHER ACTIVITIES CONDUCTED

NCC has adopted community development activities with the aim of imbibing amongst cadet's selfless service to the community, dignity of labor, importance of self help, need to protect the environment and to assist weaker sections of the society in their upliftment. This was envisaged through programs involving adult-education, tree plantation, blood donation, disaster management, visit to Old Age Homes, slum clearance, village upliftment and various other social schemes.

#### ATC 2019 : 31 March to 09 April 2019

3(K) Naval Unit NCC has organized Annual Training Camp (ATC 2019) from 31 March to 09 April 2019 at St. Stephens HSS, Pathanapuram. 32 Cadets of our unit attended the camp. During the camp, our cadets participated in various competitions and won first position in Drill and Tug of War Competition conducted for senior Division and Senior Wing. And we came in overall third position.



ATC 2019 Team of SN College with our Commanding Officer Capt. BA Nair and other NCC Staffs of 3(K) Naval Unit

#### Formation of Naval NCC Alumni Association: 11 May 2019

3(K) Naval NCC Subunit of our college has formed an Alumni Association of Naval NCC Ex Cadets on voluntary basis as per the direction of DG NCC letter No. 17101/Gen/DGNCC/Trg A, dated 24 August, 2018. The first meeting of Naval NCC Alumni Meeting was conducted on 11 May 2019. During the meeting Alumni office bearers were selected for the smooth functioning of the Alumni.



Alumni Executive Members of Sree Narayana College

#### Farewell Party to 2019 Roll out Cadets: 31 May 2019

Farewell Party is more like a memorable way to say goodbye. It could also be a get together where lasting /refreshing memory of friends and well wishers is created. 3(K) Naval NCC Unit organized a Farewell Party to 2019 roll out cadets. Dr. R Sunilkumar, College Principal inaugurated the function. After the inaugural address final year cadets shared their experiences and memories.



Dr. R Sunilkumar, College Principal inaugurating the Send off function



Final year Cadets with SLt. Dr. Laiju S, ANO

## World Environment Day Celebration (05 June 2019)

The World Environment Day-2019 was celebrated by Naval NCC Subunit on 5 June 2019. The theme for 2019 was "Air Pollution". Cadets Planted tree saplings in the college campus and maintained tree saplings planted on previous years in connection with environment day.



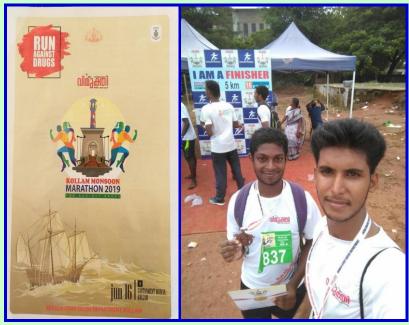


Planting Tree Saplings in the Campus

Cadets maintaining planted tree saplings in previous years

#### "Run Against Drugs"- Monsoon Marathone: 16 June 2019

The Vimukthi Mission conducted Kollam Monsoon Marathon, on 16th June 2019, as part of its strategy to curb the menace of drug abuse by involving the society with a common moto "run against drugs". The event was coordinated by the Excise Department, at Cantonment Maidan in Kollam. Cadet Captain Abhijith S and NC I Cadet Roopesh R Participated in the Kollam Monsoon Marathone



Cadet Captain Abhijith S and NC I Roopesh R

#### International Day of Yoga 2019: 21 June 2019

The International Day of Yoga has been celebrated annually on 21 June since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in India. The Indian Prime Minister, Narendra Modi, in his UN address suggested the date of 21 June, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world.

3(K) Naval Unit NCC in association with Sree Narayana College, Kollam organized International Day of Yoga on 21 June 2019 at College Auditorium. Dr. R. Sunilkumar, College Principal inaugurated the Program. Our Ex Cdt Sanoop S Nair rendered Yoga instructions and demo presentations were done by our Ex Cdts Anandhu S and Syamjith S. Thirty Cadets from SN College Kollam, 28 Cadets from FMN College Kollam, 24 cadets from APPMHS Avaneswaram and 24 cadets from SMHSS, Kottara participated in the program.



Dr. R. Sunilkumar, College Principal inaugurating the International Day of Yoga 2019

2019-2020



**Cadets Practicing Yoga** 



Yoga Trainer and Ex Cadet Sanoop S give yoga instructions

## <u>International Day against Drug Abuse</u> <u>and Illicit Trafficking: 26 June 2019</u>

International Day Against Drug Abuse and Illicit Trafficking is observed on 26 June every year to strengthen global action and cooperation towards achieving the goal of an international society free of drug abuse. Observance of this day aims to raise awareness to fight against substance abuse as well as the unlawful trade of drugs.

International Day Against Drug Abuse and Illicit Trafficking were first observed by the UN General Assembly in 1987. According to the World Drug Report 2017, released by United Nations Office on Drugs and Crime (UNODC), about a quarter of a billion people (or 5.3% global adult population) used drugs at least once in 2015. Of these, around 29.5 million people (or 0.6 per cent of the global adult population) suffered from drug use disorders, including dependence.

This year's theme "Health for Justice- Justice for Health" emphasizes that justice and health are two sides of the same coin when it comes to addressing drug related problems. 3 (K) Naval Unit NCC of Sree Narayana College organized an Awareness Rally in association with Legal Service Authority, Kollam. Dr. R. Sunilkumar flagged off the rally.

#### 2019-2020



Dr. R. Sunilkumar, College Principal Inaugurating the International Day against Drug Abuse and Illicit Trafficking



Dr R. Sunil Kumar Flagg of the Rally

**Cadets participating in Rally** 

## Orientation Program for RD Camp 2020 Aspirants: 29 June 2019

An orientation cum training program was conducted for Republic Day Camp 2020 aspirants. Anandu S., our Ex Senior Cadet Captain and 2015 RD Cadet of SN College, Kollam motivated and gave guidelines tp our Cadets for attending RD Camp 2020. Presently Anandu S is working Army Air Defense.



Ex Senior Cadet Captain Anandu S. taking a Motivational Class for RD 2020 Aspirants

## Mega Pollution Awareness Pakhwada: 04 July 2019

National Cadet Corps (NCC) has undertaken a Mega Pollution Awareness Pakhwada to sensitize the people against various kinds of pollution and their effects. As part of the mega drive all units are directed to conduct various activities like lectures, seminars, awareness rallies, cycle rallies, nukkad nataks, quizes & pledge taking ceremonies involving the NCC cadets. The pakhwada will culminate with theme-based programmes in various locations on Jul 11, 2019 coinciding with the World Pollution Day.

As part of the Mega Pollution Awareness Pakhwada, a combined Awareness Rally was organized by 3(K) Naval NCC subunits of SN College, Kollam and FMNC, Kollam on 04 July 2019.



**Cadets participating in Rally** 

## Gardening: 06 July 2019

As part of Haritha Keralam Project, our Cadets created a small garden in front of NCC Office Room.



**Cadets on Gardening Work** 

## Swatchh Bharath Program (26 June 2019)

Swatchh Bharat Abhiyan (SBA) or Clean India Mission was a nationwide campaign from 2014 to 2019 to clean up the streets, roads and infrastructure of cities, towns and rural areas. As part of this mission, Naval Unit of SN College conduct regular Swachh Bharat Programs not only in the campus but also in public places like beach, park, public grounds, etc. On 26 June our cadets actively participated in the campus cleaning drive.



Cadets participate in campus cleaning drive

## Kargil Vijay Divas Celebration: 26 July 2019

Kargil Vijay Diwas, named after the successful Operation Vijay, is celebrated in India on 26 July. On this date in 1999, India successfully took command of the high outposts which had been lost to Pakistan. The Kargil war was fought for more than 60 days, ended on 26 July and resulted in loss of life on both the sides. The war ended with India regaining control of all the previously held territory, hence re-establishing the status quo ante bellum. Kargil Vijay Diwas is celebrated on 26 July every year in honor of the Kargil War's Heroes.

3(K) Naval Unit NCC, Sree Narayana College, Kollam Celebrated 20<sup>th</sup> Kargil Victory Day Celebration in association with Department of History. Dr. R. Sunilkumar, College Principal Inaugurated the Program. Assistant Professor Rishi N. presented a lecture on the topic "From Siachen to Kargil: Reimagining India's Security Architecture".



Principal Dr. R. Sunil Kumar inaugurating the Program



Resource Person: Sri. N. Rishi, Asst. Professor in History

## Independence Day Celebration: 15 August 2019

Independence Day is annually celebrated on 15 August, as a National holiday in India commemorating the Nation's Independence from the United Kingdom on 15 August 1947, the day when the UK Parliament passed the Indian Independence Act 1947 transferring legislative sovereignty to the Indian Constituent Assembly. Independence Day is observed throughout India with flag-hoisting ceremonies, parades and cultural events. Cadets of 3(K) Naval Unit NCC, Sree Narayana College, Kollam Celebrated Independence Day 2019 by participating in the Independence Day Parade organized by Kollam Corporation conducted in Lal Bahadur Stadium, Kollam. In addition, unit organized a Quiz Competition based on the History of Indian Independence for cadets of different sub units of 3(K) Naval Unit NCC.



Independence Day Parade at Lal Bahadur Stadium on 15 August 2019

#### **Essay Writing and Quiz Competition 10 August 2019**

As part of Independence Day Celebration, 3(K) Naval Unit NCC, SN College Kollam organized a quiz competition and Essay writing competition for Junior and Senior Division Cadets of different subunits of 3 (K) Naval Unit NCC. Cadets of various institutions participated. Adarsh S and Ajmal MS, Former students of our college were the Quiz Masters.



**Quiz Competition** 

#### Flood Relief Activities: 16.08.2019

On 8 August 2019, due to heavy rainfall in the Monsoon season, severe flood affected Kerala. Thousands of people have been evacuated to safer places and relief camps. Flood relief activities of our cadets. Our

cadets and alumni members Syamjith S and Sarathkumar S actively participated in flood relief activities. They collected materials and voluntary contribution of Rs. 16010 from the public and purchased necessary items required for relief camps and distributed at collectorate flood relief collection center. Many cadets actively involved in helping collection centre opened in Varghese Memorial Library Hall



**Cadets Packing Materials** 

Cadets with our Ex Cadets Syamjith S and Sarathkumar S



Cadets get ready for supplying Cade collected materials to flood relief camps

Cadets involved in cleaning activities mps in flood affected area

## <u>Golden Jubilee Celebrations and Alumni Meet:</u> <u>01 September 2019</u>

3(K) Naval NCC Subunit of Sree Narayana College Celebrated its Golden Jubilee and Organized Alumni Meet on 01 September 2019. The unit was started on 01 September 1969. Brig. Ajeet Rana, FTE Group Commander, NCC Group Head Quarters, Kollam inaugurated the function.

#### Main Highlights of the Program

- 01. Honored Ex ANOs
- 02. Honored senior most Ex cadets (from 1969 to 1972 Batches)
- 03. Conducted Talent Hunt Event for Present Cadets
- 04. Prize Distributed to Senior Division and Junior Division Cadets participated in Essay Writing and Quiz Competition as part of Golden Jubilee Celebration
- 05. Distributed Lt. Cdr. Dr. K Sudhakaran Memorial Best Cadet Award
- 06. Sharing of Memories through video Presentation of photographs
- 07. Distributed Golden Jubilee Medal to All Alumni members participated
- 08. Financial assistance given to a student of our college who needs financial support
- 09. Planted tree saplings in the campus premise
- 10. Visited 3(K) Naval NCC Unit



Golden Jubilee function begins by Flag hoisting by Dr. R. S unilkumar, College Principal



Brig. Ajeet Rana, FTE Group Commander, NCC Group Head Quarters, Kollam receiving Guard of Honor from SCC Gauri Sankar



Brig. Ajeet Rana, FTE, Group Commander, NCC Group Head Quarters, Kollam inaugurate the function

2019-2020



Capt. B.A. Nair, Commanding Officer, 3(K) NU NCC, Kollam Lightening the Lamp



**Alumni Members** 

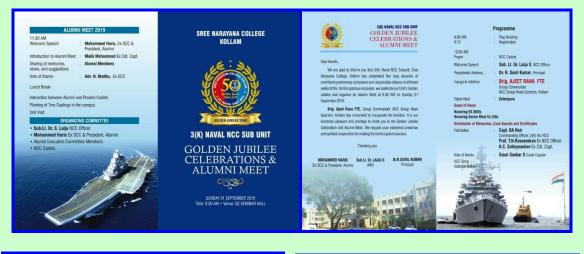


Brig. Ajeet Rana, FTE Group Commander, NCC Group Head Quarters, Kollam addressing the gathering



**Alumni Members** 

#### 2019-2020





Honoring Ex NCC Officer CTO Raveendran TN



Honoring our First Batch Cadet (1969 Enrolled) Sathyaseelan



Former Commanding Officer Cdr. Robin Netto with Sub. Lt. Dr. Laiju S., ANO, Capt. BA Nair, Commanding Officer 3(K) NU NCC, Brig. Ajeet Rana, FTE Group Commander, NCC Group Head Quarters, Kollam

2019-2020



Talent Hunt: LCdt Umarani Lobby Panickar Presenting in Extempore



I Prize in Essay Writing Competition (SD/SW) Azia Mohammed, SMHSS, Kottara Receiving Certificate & Memento from CO. Capt. BA Nair

I Prize in Quiz Competition (JD/JW): Naveen Raj, GVHSS Kottankulangara receiving Certificate and Memento from CO. Capt. BA Nair



Planting Trees in the Campus by our Ex Cadets Sreekumar and Malik Mohammed

#### Mega Swatchhta Pakwada: 17 September to 2 October 2019

Swachhta Bharat Abhiyan (SBA) or Clean India Mission was a Nation-wide Campaign from 2014 to 2019 to clean up the streets, roads and infrastructure of cities, towns, and rural areas.

Swachhta hi Seva is a Massive Nationwide Awareness and Mobilization Campaign on Swachhta. The Swachhta hi Seva 2019 is being organized from 17 September to 02 October 2019.

The Swachhta hi Sewa 2019 theme is 'plastic waste awareness and management'. Swachhta hi Seva 2019 will witness mass awareness generation activities on plastic waste management between 17 September and 02 October 2019. Naval Cadets of SN College participated in the Nationwide Sanitation Campaign "Swachhta Hi Seva" which includes programmes such as cleaning of the college premises and public places, awareness programmes among cadets, statue cleaning, etc.

Cadets actively participated in the Kollam Beach Area Cleaning on 28 September 2019. Thirty-eight cadets actively participated in the event.



**Beach Cleaning Program** 

## Mega Swatchhta Pakwada: 30 September 2019

Cleaning Activities conducted at the college premises as part of Mega Swatchhta Pakwada on 30 September 2019.



# Mega Swatchhta Pakwada: Campus Cleaning Program Mega Swatchhta Pakwada: 02 October 2019

Cadets cleaning the statue of Sri. R. SANAKAR placed in the College Campus and sounding area.



Cadets engage in cleaning of R. Sankar statue placed in the college campus

#### Gandhi Jayanthi Celebration:02 October 2019

Naval NCC Cadets of SN College, Kollam actively participated in the Asramam Maidanam Cleaning in association with Kollam Corporation as part of 150 Birth year of Mahatma Gandhi on 02 October 2019. A total of 45 cadets participated in the program. Cadets participated in the program with great enthusiasm and promised to keep the premises clean around the College as well as their houses.



Cadets involved in Asramam Ground Cleaning

#### Mega Swatchta Awareness Program: 02 October 2019

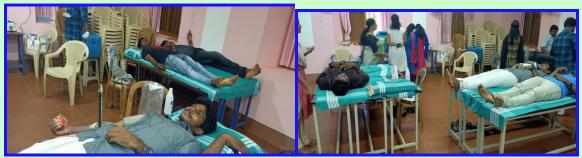
As part of the Closing Day Program of Swatchchta hi Sewa Program, we organized a Seminar on Seminar on Air Pollution: Origin, Impacts and Control. Dr. Praveen Prakash, Assistant Professor in Chemistry, SN College, Kollam was the resource person.



Dr. Praveen Prakash, Asst. Professor in Chemistry, SN College, Kollam delivering a talk on Air Pollution

## **Blood Donation Drive: 14 October 2019**

Blood donation is an altruistic social service beneficial for other people and society. Naval NCC unit of our college organized a blood donation program in association with IMA, Kollam on 14 October 2019. The goals of Blood Donation Program were to create awareness among cadets that individuals can save lives and improve the health of others by donating blood.



**Cadets donating Blood** 



SLt. Dr. Laiju, ANO donating Blood

# Observance of Vigilance Awareness Week from 29 October to 02 November 2019

The Vigilance Awareness Week is being observed from 29 October to 02 November 2019 with the theme "Integrity- A way of life". Corruption can be defined as a dishonest or unethical conduct by a person entrusted with a position of authority, either to obtain benefits to oneself or to some other person. Naval unit NCC of SN College observed vigilance awareness week by taking Pledge on 01 November 2019.



Cadets taking pledge as part of observance of Vigilance Awareness Week

# NCC Day Celebration: 23 November 2019

National Cadets Corps (NCC) day is celebrated every year on the fourth Sunday in the month of November. The NCC in India was formed by the National Cadet Corps Act of 1948 on 15th July 1948. The first Prime Minister of India, Pandit Jawahar Lal Nehru presided over the function of raising the first NCC Unit at Delhi on the last Sunday of Nov 1948. The motto for the NCC is "Unity and Discipline". As part of NCC Day celebration, Naval Unit NCC of our college, conducted a Campus Cleaning Activity held on 23 Nov 2019.





**Campus Cleaning Activity** 

#### Swatchhta Pakwada: 07 December 2019

'Plogging' is a combination word formed from 'jogging' and 'plocka upp', which is Swedish for 'pick up'. It refers to an emerging international trend, in which someone picks up trash while jogging or brisk walking as a way of cleaning up litter while also taking care of fitness.

The trend was started in Sweden by Erik Ahlstrom in 2016. During his commute to work, Ahlstrom would frequently come across litter that would remain on the streets for weeks without anyone picking it up. This prompted him to pick up the trash during his commute and dispose of it. Eventually, he included the clean-up in his daily running and exercise routine.

PLOGGING, A Cleaning and Awareness Program Organized as part of Swatchatha Pakwada on 07 December 2019 at Kollam Beach and Mahatma Gandhi Park. 42 cadets participated in the Program. After the Cleaning program we organized an Awareness Rally from Kollam Beach to College Campus.

#### 2019-2020



**Beach Cleaning Programme** 



# Beach Cleaning ProgrammePolggingMega Swatchhta Pakhwada: 07 December 2019

An awareness Rally was organized in connection with Mega Swatchhta Pakhwada on 07 December from Kollam Beach to SN College Campus on 07 December 2019.



Mega Swatchhta Pakhwada Awareness Rally

## Swatchhta Pakwada: 14 December 2019

Swatchhta Pakwada, a National Cleanliness Program from 01-15 December 2019. Plastic Waste Collection and Management Program conducted in the College Campus on 14 December 2019.



Plastic Waste Collection & Management Program conducted in the college campus

## Anti Drug Awareness Programme: 29 January 2020 Seminar

Anti Drug Awareness Campaign Program jointly organized by Anti Drug Awareness Cell and 3(K) Naval NCC Subunit of SN College, Kollam on 29 January 2020. Principal Dr. R. Sunilkumar inaugurated the program. Sri. Chirakkal Madhu, Excise Inspector. Kanchangadu station was the Chief Guest of the Program.



Anti Drug Awareness Programme- Field Visit: 02 February 2020 Cadets of SN College in association with Excise department organized a door to door Anti drug awareness campaign on 02 February 2020. The program was inaugurated by Sri. M. Noushad, MLA, Eravipuram Constituency. We distributed anti drug awareness leaflets to more than hundred houses.



**Cadets Distributing Anti drug Awareness leaflets** 

#### **National Women Hockey Inauguration: 02 February 2020**

Naval NCC cadets of SN College, Kollam volunteered in the Inaugural Ceremony of National Women Hockey Championship at Hockey Stadium, Kollam. Dr. Narinder Dhruv Batra, President of International Hockey Federation and Indian Olympic Association and the Member of International Olympic Committee was the Chief Guest.



2019-2020



Seminar on Life Skill Training: 02 February 2020

3(K) Naval NCC Subunit of SN College organized a Training Program on Life Skills in association with Department of Psychology on 13.02.2020. Smt. Adila Hassan, Peace Educator, Himachal Pradesh was the resource Person.





## B & C Certificate Exams: 16, 22 and 23 February 2020

The B Certificate Examination 2020 was scheduled on 16 February 2020. Sixteen Cadets from SN College appeared for B Certificate Exam 2020 on 16 February 2020. Sixteen Cadets from SN College appeared for B Certificate Exam 2020 on 16 February 2020. The C Certificate Examination 2020 was scheduled on 22 and 23 February 2020. 21 Cadets of SN College appeared for C Certificate Exam 2020.



**B & C Certificate Exam Preparation** 



Cadets with ANO SLt. Dr. Laiju S & SCC Gauri Sankar S. after their B Exam

## Tour Programme: 04 March 2020

As part of the Golden Jubilee Celebration of Naval NCC Subunit of Sree Narayana College, Kollam, we organized a Two Day Tour Program on 04 & 05 March 2020 to Kochi. We visited Fort Kochi and SOS Village on 04 March 2020. As part of Social Service Activities of NCC, we visited SOS Village, Aluva and sponsored a Child's Educational expenses for one year. The visit to Children's Village was a unique experience. The second day cadets enjoyed their time in Wonderla and Lulumal.



Fort Kochi



SOS Village, Aluva

#### 2019-2020



SOS Village, Aluva



SOS Village House
<u>Anti COVID 19 Activities</u>

Wonderla

Corona virus disease (COVID-19) is an infectious disease caused by a newly discovered corona virus (SARS COV -2) which has adversely affected the whole world. To combat COVID 19, Health Department, Government of Kerala launched The Mass Campaign Called "Break the Chain". Naval NCC Subunit of Sree Narayana College, Kollam associated with this campaign. The campaign aims to sensitize the public about the importance of public and personal hygiene to prevent the spread of the corona virus.

We have organized the following activities to fight against COVID 19.

1. Produced hand sanitizers on 20 March 2019 in association with the Department of Chemistry. The distribution of Hand Sanitizers was

inaugurated by Capt. Manoj Anand, Commanding Officer, 3(K) Naval Unit NCC, Thevally, Kollam.

- Supplied sanitizers to Government Victoria Hospital, Kollam on 23 March 2020. Dr. Anu Prakash Received Hand sanitizers from SLt. Dr. Laiju S, ANO.
- Supplied hand sanitizers to Railway Mail Service (RMS) Kollam Division. Smt. Manuprabha Received hand sanitizers from SLt. Dr. Laiju S, ANO on 20 March 2019.
- Supplied sanitizers to Railway Health Centre on 30 March 2019. Sri. Sreekumar LS, Health Inspector, Kollam Railway Health Centre received hand sanitizers from Dr. Laiju S, ANO.
- 5. Displayed Awareness Banners in the Campus
- 6. Provided hand sanitizers to students and cadets appearing for university examinations.
- Supported "Janta Curfew" on 22 March 2020 and follow the directions given by Government of India to control the spread of Corona Virus. We made a video clip and uploaded in the face book page of naval NCC SN College, Kollam
- 8. Produced Small Video Clip for Spreading COVID 19 awareness messages. We made a video clip and uploaded in the face book page of naval NCC SN College, Kollam. The Video presentation was done by our LCdt. Avani Akash.
- 9. Given Online counseling services to relatives of COVID-19 patients and public in association with District Child Protection Unit, Kollam.
- 10. Done online courses on COVID 19.
- 11. ANO and Cadets registered as volunteer for Ex NCC Yogdan to fight against COVID-9

2019-2020



Preparing hand sanitizers in the Chemistry Lab of SN College, Kollam



Capt. Manoj Anand, Commanidng Officer, 3(K) Naval Unit NCC inaugurating the Distribution of Hand Sanitizer by receiving hand sanitizers from SLt. Dr. Laiju, ANO



Distributing Hand sanitizers to staff of 3(K) Naval Unit NCC



Distributing Hand sanitizers to students appearing for University Examination



Smt. Manu Prabha, SRO, RMS Kollam Division receiving hand sanitizers from SLt. Dr. Laiju, ANO

2019-2020



Dr. Anu J Prakash, RMO Victoria Hospital, Kollam receiving hand sanitizers from SLt. Dr. Laiju, ANO



Displaying COVID-19 Awareness Banner in front of College Campus



**QR Code for Video Presentation on Anti COVID 19 Activities** 

2019-2020



Janmabhoomi 07.01.2020



SLt. Dr. LAIJU S. ANO (Naval Wing) Sree Narayana College, Kollam

Sree Narayana College, Kollam

Page 62





